

Beth Israel Sinai News

The Monthly Newsletter of the Beth Israel Sinai Congregation

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TEVET - SHEVAT 5774

Rabbi's Message

In the paragraph read preceding the Shema Yisroel (Hear O Israel, the Lord Our G-d, Our G-d is Unique), we are instructed to listen, learn, understand and apply the laws of the Torah in our daily lives. In an era where so much emphasis is placed on the type and quality of the food we eat, few laws of the Torah have become more relevant than Kashrut, the Jewish dietary laws. It is not surprising that what is good for the body can also be good for the soul. When we talk about spirituality, most people think about prayer, music, meditation or a combination of the above. The Torah teaches that ALL of our actions can bring spiritual

meaning to our lives. After all, as the saying goes, "you are what you eat."

Our Rabbis teach us that the proper preparation of foods keep us both physically and spiritually healthy. Cattle, sheep and fowl must be slaughtered in a prescribed, humane manner. Since the animal feels no shock or little pain, fewer toxins are released into the blood. Afterwards, the meat is salted and rinsed to remove as much blood as possible. Non-kosher chickens are submerged in warm water to remove the feathers. Kosher chickens are soaked in water for thirty minutes, salted to remove the blood and rinsed three times to remove the salt. A major source of food poisoning is caused by contaminated chicken.

Keeping a Kosher home has never been easier. One of the fastest growing segments of the food industry is the demand for Kosher foods. Most of the packaged foods in your cupboard are already Kosher. To meet an ever increasingly sophisticated Jewish palate, trained Rabbis travel the globe to ensure that foods like kimchi, tofu, sarachi sauce, tortillas and pasta sauces are kosher. No traditional wedding would be complete without sushi, egg rolls and teriyaki beef and chicken skewers.

Should you be interested in keeping a kosher home, I would like to suggest a simple step-by-step process. FIRST, eliminate pork and shellfish. If you

President's Message

At the last two annual meetings, the congregation's members directed the congregation's board to discuss with Kenosha's Congregation Beth Hillel ways to strengthen, now and into the future, the Jewish Community in Southeastern Wisconsin. Our conversations have been very fruitful.

As we complete the first series of discussions and the service exchange visits it's time to gather together so that we can provide you with

the most current information about where we are in the discussions and about what's next.

Please join the board on Sunday, January 19 at 1:00 p.m. for an informational meeting for all members to help everyone better understand all of our options for the future, and for strengthening Southeastern Wisconsin's Jewish Community.

In the mean time, join us for services and Kiddush on January 4 as we celebrate the 50th anniversary of Rabbi

Adelberg's Bar Mitzvah and on January 11 to help celebrate the 50th anniversary of Rita Marie Collen's birth!

Lastly, but not leastly, (I don't think that's a word but I'm using it anyway) I'm sure you're as excited as I am to experience a Matzo Ball Soup Dinner, courtesy of Jim Barten and Marion Sperer, after our Friday, January 17, Shabbat service.

Shalom,
Jeff

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Special Happenings

**Friday, January 17
6:00 PM
Shabbat Service
and
Matzo Ball Soup Dinner**

**Sunday, January 19
1:00 PM
Congregation
Informational Meeting
"Strengthening
Southeastern
Wisconsin's Jewish
Community"**

Rabbi's Message Continued...

crave these items, there are plenty of kosher substitutes available. (Raised in a non-kosher home until the age of 12, I can speak from a position of knowledge.) SECOND, don't mix meat and milk. If you MUST have a milk shake with your hamburger, use soy milk blended with parve (neither milk nor meat) ice cream. There is parve cheese available for both your hamburger and those lactose intolerant. THIRD, buy only kosher meat. Grocery stores in Highland Park have an extensive selection of prepacked kosher

meats and chickens. Should you wish to purchase only Kosher meats and for whatever reason find it difficult or inconvenient to make the trip, I would be happy to pick your order up for you. FOURTH, buy only foods that are certified KOSHER. With the increasing demand for healthy and organic foods, most prepackaged items are already under rabbinical supervision. If you should have any questions regarding a particular item, just ask me.

At this time Marcia, Becky, Lara, Sam, Myles, Mollie (who celebrated her first birthday December 30th and took her first independent steps December

26th), Robyn, Joe, Greg and Lisa wish our Temple family a Happy, Healthy and Prosperous 2014. May we continue to grow as a force for the propagation of traditional Jewish values in Racine and southeastern Wisconsin.

SEE YOU IN SHUL,
Rabbi Marty

P.S. If you know any unaffiliated Jews or individuals interested in learning more about Traditional Judaism in Racine and southeastern Wisconsin, invite them to experience the warmth of our unique and friendly congregation.

Sisterhood

Everyone seemed to enjoy our first "Potluck Kiddush", which took place immediately after services on Saturday, December 7. Our congregation and guests were treated to a delicious array of traditional and homestyle dairy dishes, including kugel, salmon loaf, blintzes, pasta primavera, and a variety of salads! And the desserts were wonderful — cheesecake, honey cake, and Sandy Levin's grandmother's coffee cake, baked in her grandmother's cake pan. Thanks to everyone who brought food to share. As this event was well received, the board plans to schedule another potluck dairy Kiddush in the future. Watch the calendar in 2014!

The Hanukkah dinner and party, held on Wednesday, December 4 was an enjoyable evening filled with the warmth and light of many families' holiday menorahs, conversations among friends, and ample helpings of traditional Hanukkah foods. Many thanks to Rebecca Bloom for planning and preparing the dinner, and to everyone else who worked so hard in the kitchen to help prepare the meal. Even after consuming pounds of brisket, a mountain of latkes, and gallons of applesauce, there was plenty left to freeze and enjoy again for Kiddush on December 28. Our next event is the Shabbat dinner, on Friday, January 17. Jim Barten and Marion Sperer have volunteered to make gallons and gallons of matzoh ball soup, which will be served with homemade breads and a variety of tasty sides. Mark your calendars!

We hope everyone will join in the celebration on January 4, 2014 (our first Kiddush of 2014) as the Adelberg family hosts the Kiddush in honor of the 50th anniversary of Rabbi Adelberg's Bar Mitzvah. Come join the fun and congratulate the "Bar Mitzvah boy" on this wonderful occasion.

The family of yours truly has reserved Saturday, January 11, to host a Kiddush in honor of a 50th birthday. Oy vey ... 50. Hopefully this means they will be cooking it too, but I have my doubts!

Celebrate Tu B'Shevat with us on January 18, with a seven species-themed Kiddush!

Gifts to the Sisterhood (whether financial, in-kind, or extra pairs of hands) enrich community life at Beth Israel Sinai and will be enjoyed throughout 5774! If you'd like to schedule a Kiddush to honor a life cycle event, birthday, anniversary, or any occasion, please give me a call. Just give me the date you wish to reserve and your request for either a dairy or meat Kiddush. I'll take care of the rest. The suggested donation is at least \$36 for dairy and \$54 for meat, but any contribution is acceptable. Contributions can be sent to BIS (designate it for the Sisterhood). You can also help the Sisterhood by donating kosher grocery items for the onegs and Kiddush. We are currently in need of coffee, coffee and cold beverage cups, kosher cookies and baked goods, eggs, canned tuna, and fruit. You can simply drop these items off in the kitchen. Sisterhood Chair: Rita Collen

General Support

Mary Vite
Natalie Browne-Gutnik
Robert & Michele Miller
Fran and Willy Gold

In honor of Rabbi Adelberg's 50th Bar Mitzvah Anniversary

Sarah Levin
Marion Sperer
Louise Langlieb

In memory and honor of Justin Kestenbaum and his students.

Anonymous



Yahrzeits	
Week of January 3	
Norman Richard Grant	3
Edward E. Rosenzweig	3
Joseph I. Levin	4
Boroch Hirsh Sidran	4
Julius Alperovitz	5
Morris Wolf	6
Harris Domsy	7
Maurice Davis	9
Week of January 10	
Sidney Glickstein	11
Hilda Popkoff	11
Ethel Shovers	11
Dorothy Glickstein	12
George A. Lang	12
Hazel Watt	12
Phil Blitstein	13
Meyer Gottlieb	13
Fanny Kluk	13
Idah Schwartz	14
Sophie Shovers	14
Sgt. Leonard Hulbert	15
Ruth Grant Gordon	15
Samuel G. Laufman	16
Tillie Sideman	16
Week of January 17	
Elizabeth Goldberg	17
Kathryn Raftenberg	18
Max Grust	19
Harold Tabaksman	19
Esther Gottlieb	20
Isadore Milch	20
Bertha Waisman	20
Joseph Popkoff	21
David Shovers	21
Julius Lichterman	21
Oscar Shovers	21
Eva Gorsky	22
Manfred Oelsner	22
Edith Seft	22
Week of January 24	
Joseph Magner	26
Zachary Dorman	27
Joseph L. Harris	27
Jane Kiselow	27
Gertrude Fishbain	27
Frank Shovers	27
George S. Cohen	27
Eli Hulbert	28
Mary Soref	28
Rose Kaminal	28
Darnold Blivas	29
Beverly Schuster	30
Marc Lee Silver	30
Paul Kaplan	30
Week of January 31	
Joseph I. Donner	31
Sam Fishbain	31
Solomon Levin	31
Fritz Roos	31
Sheine Chayne Aronin	1
Hyman Lauffman	2
Anna Brill	4
Goldyne R. Mann	5

Shabbat Candle Lighting Times

January 3 - 4:12 PM
 January 10 - 4:19 PM
 January 17 - 4:27 PM
 January 24 - 4:35 PM
 January 31 - 4:44 PM
 February 7 - 4:54 PM



Shabbat ends on Saturday one hour later than candle lighting on Friday.

Cemetery Notes

The Racine Jewish Cemetery is five acres located on the 600 block of Lathrop Avenue and is a well maintained, park-like setting. It is a resting place for all Jews.

Call Jim Barten at 262.412.8457

Cemetery Change Approved

At the annual meeting the congregation approved the creation of a Reform section of the cemetery where Jews and their non-Jewish family members can be buried together.

Hadassah

Hadassah gratefully accepts any donations. Please remember Hadassah and its many good works and projects when considering making charitable contributions. Cards \$5; Shares \$10; Children's Pavilion Certificates \$5 & \$10; Trees (JNF) Certificates \$18. For more information call Sarah Levin, 886-9331 or Sidnee Nerad, 551-0406.

A Reminder of Some of our Upcoming Celebrations



Tu B'Shevat

Thursday, January 16, 2014

Tu B'Shevat, the 15th of Shevat on the Jewish calendar, is the day that marks the beginning of a "new year" for trees.



Purim

Begins sunset of Saturday, March 15, 2014

Ends nightfall of Sunday, March 16, 2014

Purim celebrates the deliverance of the Jewish people from the wicked Haman in the days of Queen Esther of Persia.



Passover

Begins sunset of Monday, April 14, 2014

Ends nightfall of Tuesday, April 22, 2014

Passover (Pesach) celebrates the deliverance of the Jewish people from slavery in Egypt.



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Congregation

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***Join us for a Friday Night Shabbat Service and Matzo Ball Soup Dinner
on January 17, 2014 at 6:00 p.m.***

January 2014 Tevet - Shevat 5774

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Hebrew & Adult Ed. Class	3	4 Shabbat Services 9:45 AM Rabbi Adelberg's 50th Bar Mitzvah Anniversary Kiddush
5	6	7	8	9 Hebrew & Adult Ed. Class	10	11 Shabbat Services 9:45 AM Collen Family sponsoring Kiddush for Rita's Birthday.
12	13	14	15	16 Hebrew & Adult Ed. Class Tu B'Shevat	17 Shabbat Dinner and Service 6:00 PM	18 Shabbat Services 9:45 AM Tu B'Shevat Themed Kiddush
19	20	21	22	23 Hebrew & Adult Ed. Class	24	25 Shabbat Services 9:45 AM
26	27	28	29	30 Hebrew & Adult Ed. Class	31	1 Shabbat Services 9:45 AM